

## **Quint-Essence (Item #6111)**

*The Daily Essential "Whole Food" Foundation Blend*

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### **Recommended Daily**

Quint-Essence™ is a complete, unique blend of the highest quality and potency "plant-derived" ingredients found together as a food supplement. It is based on Universal Formulas' eight essential and premiere products:

- ✓ **Food Enzymes** aid digestion and increase nutritional value at a cellular level.
- ✓ **Pro-biotics**, or, "good bacteria," enable a healthy balance in the gastro-intestinal tract.
- ✓ **Macro-Minerals** provide the building blocks for healthy bones, muscles, tendons & teeth.
- ✓ **77 Trace Minerals** provide the electrical charge needed by each cell to thrive.
- ✓ **Vitamins** are chemical structures needed for the body to process nutrients.
- ✓ **Extra Natural Vitamin C** naturally supports the body's immune response.
- ✓ **Extra Natural Vitamin E**, one of nature's most potent anti-oxidants.
- ✓ **Our Blend of 44 Greens** provides a "whole food" element and a vegetable exchange.

A new standard, this blend is extremely effective at providing a daily nutritional foundation that is a simplified, consistent and balanced supplementation. Quint-Essence is also vegetarian compliant.

### **From the Owner of Universal Formulas**

As an avid traveler, the owner of Universal Formulas was challenged with consistently taking even a basic regimen of supplements. While traveling, he would carry eight different supplemental products with him, which he found inconvenient and cumbersome. This complication inspired the owner to develop Quint-Essence, a master-blend. A single product of encapsulated, powdered nutrients, Quint-Essence enables the body to easily assimilate all of the daily essentials.

Before marketing, Quint-Essence was first offered to friends and family with overwhelming positive response, such as:

- "I find that Quint-Essence makes taking supplements easy."
- "I'm more consistent with my supplementation, because Quint-Essence is so convenient!"
- "Quint-Essence provides me with a vegetable exchange that I would not otherwise get with each meal."
- "My mind is amazingly sharp and clear. My chess game has never been better!"

### **What are some added advantages to supplementation with Quint-Essence™?**

- ✓ Clearer Skin
- ✓ Increased Energy
- ✓ Sharper Senses
- ✓ Better Digestion
- ✓ Enhanced Immune Response

## **What is the recommended dosage of Quint-Essence™?**

Because of its powdered and capsulated form, this product is scaleable. The dosage is based on body mass (weight) as follows and assumes 3 meals per day. (We prefer this approach to dosage over a "one size fits all" approach of supplementation.)

Also, you may want to increment up or down for one or two of your meals, depending on the size of your meal. For example, a 120 lb. female may want to take one capsule with a small breakfast, three with a large lunch and two at a medium dinner. Please do not administer this product to a child who is less than six years of age without first consulting your physician.

### **Scalable Dosage:** **(Based on 3 meals daily)**

#### **1 Vegi-Cap for every 60 - 75 lbs of body weight at meals**

#### **Other Suggestions Regarding Supplementation**

We suggest you limit the amount of liquid intake during mealtime. (Mealtime ranges from ten minutes before your first bite until 30 minutes after your last bite.) By limiting your liquid intake, your digestive juices remain highly acidic. This is the one time you want a very acid stomach.

As with any supplement, achieving the best results may require a change in lifestyle. Keeping an extremely healthy diet, exercising the body and mind, limiting alcohol intake, avoiding cigarette smoke, and using supplements are just a few ways to improve overall health.

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## **Ordering Information**

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### **Quint-Essence (Item #6111) 300 Vegi-Capsules**

Conveniently Order On-line at: <http://UniversalFormulas.com>

**Please DO NOT modify levels of any prescribed medication  
without first consulting your physician!**

#### **Required FDA Statement:**

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.