

ADD and ADHD Wellness Protocol (Item #7454)

A Healthy and Effective Wellness Management Protocol for ADD and ADHD

Products included in this Wellness Protocol are:

1. Brilliance #4017 – Herbs and minerals that supply the brain with enough oxygen rich nutrients. They will also supply the nervous system with a calming energy.
2. Oxy-Plus Drops #2700 – Supplies adequate oxygen for the cells. The brain cells require 12 times more oxygen than other body cells. Please take as directed on the product label.
3. Quint-Essence #6111 – Whole Food Meal Enhancement Supplement
4. Tracite #2031 – 77 Essential Elemental Fulvic Trace Minerals

Product Overview

Brilliance – Brilliance is an herbal combination designed to oxygenate and **feed the brain** for greater mental clarity, focus and concentration.

Our brain cells require 12 times more oxygen and nutrients than any of our other cells! Because the brain is the master control center of the body, it constantly receives information from the senses about conditions both inside and outside the body. It rapidly analyzes this information and then sends out messages that control our bodily functions and actions. The brain is the source of thoughts, moods, and emotions. It also stores information from our past experiences, which make learning and remembering possible.

A network of blood vessels supplies the brain with the vast quantities of oxygen and food that it requires. Although the human brain makes up only about 2 percent of the total body weight, it uses about 20 percent of the body's oxygen when at rest. In fact, the brain can go without oxygen for only three to five minutes before serious damage results. Unfortunately, the oxygen levels of Earth are being depleted mainly due to deforestation and rising levels of carbon monoxide fumes, which strip oxygen molecules from the blood.

The proper functioning of the brain depends on oxygen and the many complicated chemical substances produced by brain cells. It is essential that we supply these cells with adequate nutrition as a deficiency of one or more nutrients over an extended period can produce serious brain chemistry imbalances.

Brilliance contains herbs to stimulate brain blood circulation; cognition and overall brain function and supplies a neutral energy that is well balanced in the *Yin & Yang* properties of traditional Chinese herbalists. Brilliance contains trace minerals to insure that all brain cells have maximum electrical potential and uptake of oxygen from the blood. The quantity of each herb and their ratio to one another are key factors in producing a balanced brain formula!

Oxy-Plus Drops – Supplies an adequate amount of oxygen for the cells. The brain cells require 12 times more oxygen than other body cells.

Quint-Essence is a complete, unique blend of the highest quality and potency "plant-derived" ingredients found together as a food supplement. This product is based on Universal Formulas' eight essential and premier products:

- **Food Enzymes** aid digestion and increase nutritional value at a cellular level.
- **Pro-biotics**, or, "good bacteria," enable a health balance in the gastro-intestinal tract.
- **Macro-Minerals** provide the building blocks for healthy bones, muscles, tendons and teeth.
- **77 Trace Minerals** provide the electrical charge needed by each cell to thrive.
- **Vitamins** are chemical structures needed for the body to process nutrients.
- **Extra Natural Vitamin C** naturally supports the body's immune response.
- **Extra Natural Vitamin E**, one of nature's most potent anti-oxidants.
- **Our Blend of 44 Greens** provides a "whole food" element and a vegetable exchange.

A new standard, this blend is extremely effective at providing a daily nutritional foundation that is a simplified, consistent and balanced supplementation. Quint-Essence is also vegetarian compliant.

Advantages of Quint-Essence:

- ✓ Clearer Skin
- ✓ Increased Energy
- ✓ Sharper Senses
- ✓ Better Digestion
- ✓ Enhanced Immune Response

Tracite is a combination of 77 trace minerals and elements that are necessary for a healthy and vibrant life. Ninety-five percent of the human body's functions require minerals and trace elements. Tracite is an iron based, plant-derived, trace mineral composition rich in chromium, vanadium and selenium. It is also rich in macro-minerals, trace minerals, trace elements and especially fulvic acid.

What can Tracite Fulvic Minerals do for you?

Tracite abounds with health benefits. Some of these benefits include:

- Increases stamina and endurance
- Boosts immune response and feeds the Immune System
- Naturally detoxifies the human body
- Hormonal balance
- Balances the body's pH
- Increased perceptual clarity and well-being
- Increased ability of cells to absorb nutrients
- Beautification of skin, hair and nails

Dosage Recommendations:

Brilliance: 2 vegi-capsules with breakfast and lunch

Oxy-Plus Drops: As directed on label

Quint-Essence: 1 vegi-capsule for every 60-75 pounds of body weight at meals

Tracite: 5 drops in 2 to 8 ounces of water or sparkling water

(To make it even more palatable, squeeze a wedge of lemon or lime into the water)

For Children Under 10:

Brilliance: 1 vegi-capsule in the morning

Oxy-Plus Drops: 5 drops daily

Quint-Essence: 1 vegi-capsule for every 60-75 pounds of body weight at meals

Tracite: 5 drops in 2 to 8 ounces of water or sparkling water.

**Please DO NOT modify levels of any prescribed medication
without first consulting your physician.**

Ordering Information:

ADD and ADHD Protocol Bundle, Item #7454

Conveniently Order On-line at: <http://UniversalFormulas.com>

Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment.